

At Falcon Junior School, we understand that RSHE is crucial to the development of the whole child. RSHE is underpinned by a clear set of embedded values and principles that complement the school ethos, aims and values and encompasses British values. We aim to give children the skills and knowledge that form the building blocks of all positive relationships, supporting children from the start of their education to grow into kind, caring adults who have respect for others and know how to keep themselves and others safe. The Falcon Values are reflected in the curriculum and in all aspects of school life. Children and young people need to know how to be happy, healthy and safe, and how to manage their academic, personal and social lives in a positive way in today's environment. Our values and curriculum ensure that our pupils are prepared to live safe, fulfilled and healthy lives.

We place a strong emphasis on mental wellbeing and want our pupils to be happy and productive members of society. We focus on positivity and celebrate our values and achievements widely including through assemblies, the award of "Falcon Flyers" and a reward system.

We use resources from trusted sources including PATHS (Promoting Alternative Thinking Strategies), the PSHE Association and Pol-Ed. The curriculum empowers all children to develop the fundamental social and emotional learning skills which will enable them to make positive choices throughout life. The PATHS programme for schools is designed to facilitate the development of self-control, emotional awareness and interpersonal problem-solving skills. The purpose of the PATHS programme is to enhance the social competence and understanding of children, while Pol-Ed develops children's understanding, resilience, and willingness to support each other and fully supports schools in keeping pupils safe.

RSHE is taught weekly by class teachers through a range of teaching methodologies. The RSHE curriculum is enhanced and also delivered through themed assemblies, topic days and cross curricular links.